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Md Mahfuzur Rahman

Iowa State University, mahfuz@iastate.edu

Bibek Byanju

Iowa State University, bbyanju@iastate.edu

David Grewell

North Dakota State University--Fargo

Buddhi P. Lamsal

Iowa State University, lamsal@iastate.edu

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Abstract

High-power sonication (HPS) is shown to alter protein structure, thus, its functionality, via intermolecular interactions. This study evaluated the effects of HPS on molecular structure of soy proteins in aqueous medium. Free radicals generated during HPS were quantitated using the 5,5-dimethyl-1-pyrroline N-oxide (DMPO) spin trap method. Electron paramagnetic resonance (EPR) was used to identify them as mostly hydroxyl radicals. The minimum saturation concentration of spin trap solution was determined to be 500 mM of DMPO in water, when exposed to 5 W/cm³ ultrasound power density (PD) for 10 min; subsequently, this concentration was used for quantitating radicals generated in protein samples. Five aqueous soy protein systems, namely, 5% soy protein isolate (SPI), 5% SPI without isoflavonoids (NO-ISO SPI), subunit solutions 1% glycinin (11S) and 1% β conglycinin (7S), and 10% soy flakes (w/v), were sonicated at 2.5 and 5 W/cm³ PDs. Only adducts of hydroxyl radicals (DMPO-OH) were detected in all of these aqueous systems. The highest concentration (3.68 μ M) of DMPO-OH adduct was measured in 11S subunit solution at 5 W/cm³, whereas, the lowest (0.67 μ M) was in soy flakes solution at 2.5 W/cm³. PD 5 W/cm³ generated higher concentration of radicals in 7S subunit solution, NO-ISO SPI, and soy flakes protein, compared to sonication at PD 2.5 W/cm³. No change in the protein electrophoretic patterns were observed due to HPS. However, some changes due to HPS were observed in the estimated secondary and tertiary structures, and the contents of free sulfhydryl groups and disulfide bonds in proteins.

Keywords

High power sonication, Soy protein, Spin trapping, Hydroxyl radicals, Protein oxidation, Protein structure

Disciplines

Agricultural Science | Amino Acids, Peptides, and Proteins | Food Science | Human and Clinical Nutrition

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1 High-power sonication of soy proteins: hydroxyl radicals and their effects on protein structure

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3 Md Mahfuzur Rahman^a, Bibek Byanju^a, David Grewell^b, and Buddhi P. Lamsal^{a,*}

4 ^a Department of Food Science and Human Nutrition, Iowa State University, Ames, IA 50011

5 ^b Department of Industrial and Manufacturing Engineering, North Dakota State University,

6 Fargo, ND 58102

7

8

9 * Corresponding author:

10 2312 Food Sciences Building

11 536 Farm House Lane

12 Department of Food Science and Human Nutrition

13 Iowa State University

14 Ames, Iowa 50011-1057

15 Phone: (515) 294-8681;

16 E-mail: lamsal@iastate.edu

17

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19 Abstract

20 High-power sonication (HPS) is shown to alter protein structure, thus, its functionality, via
21 intermolecular interactions. This study evaluated the effects of HPS on molecular structure of
22 soy proteins in aqueous medium. Free radicals generated during HPS were quantitated using the
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24 (EPR) was used to identify them as mostly hydroxyl radicals. The minimum saturation
25 concentration of spin trap solution was determined to be 500 mM of DMPO in water, when
26 exposed to 5 W/cm³ ultrasound power density (PD) for 10 min; subsequently, this concentration
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28 systems, namely, 5% soy protein isolate (SPI), 5% SPI without isoflavonoids (NO-ISO SPI),
29 subunit solutions 1% glycinin (11S) and 1% β conglycinin (7S), and 10% soy flakes (w/v), were
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34 subunit solution, NO-ISO SPI, and soy flakes protein, compared to sonication at PD 2.5 W/cm³.
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36 changes due to HPS were observed in the estimated secondary and tertiary structures, and the
37 contents of free sulfhydryl groups and disulfide bonds in proteins.

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39 Keywords: High power sonication, Soy protein, Spin trapping, Hydroxyl radicals, Protein
40 oxidation, Protein structure

41

42 Introduction

43 The high-power sonication (HPS) involves lower frequencies of sound waves at 20 kHz
44 to 100 kHz that generate higher power levels up to 16 kW [1]. Sound waves at lower frequencies
45 produce greater acoustic energy and more cavitation; in contrast, very high frequency around 5
46 MHz does not produce cavitation [1,2]. In terms of size of sonoreactor or volume of the sample,
47 low energy density ranges from 0.01 to 0.1 W/cm³ whereas high density 1 to 10 W/cm³ [3].
48 When HPS imparts energy to the aqueous medium in the form of sound waves, it creates
49 alternative compression and rarefaction of bubbles [4–6]. The rarefaction results in the formation
50 of microbubbles, which subsequently collapse violently creating strong hydrodynamic shear
51 forces, immense pressure, and temperature gradient in the aqueous phase [1,6–8].

52 Ultrasound is one of the widely researched physical technologies that is valued in agri-
53 food research, mostly, for its disruption of cell matrices at higher intensities and the ensuing
54 effects on extraction of cell components [9–14]. The cavitation and shear forces generated during
55 HPS disintegrate cellular matrices and decrease particle size by approximately 10-fold, thus,
56 aiding in more extraction of biological constituents [10,15]. The conventional extraction and
57 processing of soy proteins in aqueous system involves pH modulation, mostly to pH 8.5, which
58 can solubilize approximately half of the proteins from defatted soybean meals [10]. Application
59 of HPS was reported to increase soy protein extraction yield by 34% at a power density (PD) of
60 2.5 W/cm³ for 2 min [16]. This technology is also widely studied to extract different components
61 from plant sources besides protein, for example, sugar, oils, isoflavones, polyphenols, and
62 saponins [3,10,17].

63 However, the HPS energy imparted in the aqueous phase can dissociate water molecules
64 to form highly reactive hydroxyl radicals and hydrogen atoms ($\text{H}_2\text{O} \rightarrow \cdot\text{H} + \cdot\text{OH}$; $\text{H}_2\text{O} \rightarrow \text{H}_2 +$

65 ·O). During rapid cooling, hydroxyl radicals and hydrogen atoms can react among themselves to
66 produce hydrogen peroxide ($\cdot\text{OH} + \cdot\text{OH} \rightarrow \text{H}_2\text{O}_2$) and molecular hydrogen ($\cdot\text{H} + \text{H}_2\text{O} \rightarrow \text{H}_2 +$
67 $\cdot\text{OH}$) [6,18]. The quantity of these radicals formed depends on the total energy imparted to the
68 aqueous system in sonoreactor. In one study, the concentration of DMPO-OH was measured to
69 be $4\mu\text{M}$ by EPR spin trapping during ultrasonication of 25cm^3 water for 60 min [7]. During
70 sonication, the concentration of hydrogen radicals is one fourth of that of hydroxyl radicals and
71 at higher concentrations, hydroxyl radicals recombine to form hydrogen peroxide (H_2O_2) [19].
72 These reactive oxygen species (ROS), i.e., free radicals ($\cdot\text{OH}$) and nonradical species (H_2O_2), can
73 be detrimental to protein quality and, possibly, nutrition by initiating oxidation reactions;
74 however, most of the modifications in protein backbone are induced by $\cdot\text{OH}$ radicals [9,12,20].
75 Although the mechanisms of free-radical induced protein oxidation in food systems are not
76 completely understood, oxidation can change secondary and tertiary structures of proteins. These
77 structural changes could modify ensuing physical and chemical properties of proteins, including
78 functional characteristics. The oxidative modifications in protein take place mainly at the amino
79 acids side chains, including thiol oxidation, aromatic hydroxylation, and formation of carbonyl
80 groups [14,21]. In addition, the sulfur-containing amino acids, cysteine and methionine are the
81 most susceptible to oxidative changes due to lesser electronegativity of sulfur than oxygen [22].
82 The oxidation of disulfide linkage in protein ($\text{R-S-S-R}'$) can form thiol bonds (R-SH and $\text{R}'-$
83 SH , sulfhydryl), which may result in re-aggregation and re-polymerization, leading to the
84 changes in surface hydrophobicity, solubility, water-holding capacity, and gelation properties
85 [9,20,23]. Quantifying disulfide linkages in proteins, thus, can help understand free-radical
86 induced protein oxidation.

87 Indeed, some published reports have linked the radicals generated during ultrasonication
88 to oxidation of proteins [12–14,24]; however, there is no report to date quantifying in-situ the
89 free radicals generated during ultrasonication of soybean proteins in aqueous solution and their
90 impact on dominant protein fractions (7S or 11S). In addition, several studies have shown the
91 effect of radical-induced oxidation on the structure and function of various food proteins
92 [9,21,25–29]. The oxidation of 7S was shown to increase protein crosslinking and reduce
93 potential allergenicity [21] and oxidation of egg white proteins were shown to increase surface
94 hydrophobicity through cross-linking [9]. Also, oxidation of soy protein was shown to decrease
95 the surface hydrophobicity and tryptophan residues, increase carbonyl group, form dityrosine
96 and degrade free sulfhydryl groups [21,26,29]. Thus, it is important to measure the free radical(s)
97 generated during sonication to control their possible effect on protein oxidation and resulting
98 structure and function. One factor that could influence impact of free-radical generation in soy
99 protein is the significant amounts of flavonoids with radical-quenching activity [30]. In addition,
100 HPS was shown to impact isoflavones recovery during extraction, increase from 600 to 5813
101 mg/g in one instance [17]. Thus, the role of isoflavones in possibly reducing the free radicals
102 during extraction needs evaluated.

103 There are several indirect methods to quantitate free radicals like iodometry or Fricke
104 dosimetry, but electron paramagnetic resonance (EPR) spectroscopy is a widely used direct
105 detection technique [31]. However, EPR is unable to detect highly reactive radical species like
106 superoxide, hydroxyl radicals, sulfur centered radicals, and alkoxy radicals due to their very
107 short lifetime; for example, hydroxyl radicals have life span circa 10^{-9} s [31,32]. Spin trap
108 compounds, which are diamagnetic often nitron or nitroso compounds, can be made to react
109 with free radicals and result in longer-lived radical adducts that can be spectroscopically detected

110 and analyzed afterwards using EPR [33]. The objectives of this study were to 1) identify and
111 quantify major free radical species during HPS of soy proteins in aqueous solutions and 2)
112 evaluate the effect(s) of radicals generate on soy protein structure. The novelty of this research is
113 that it aims to identify and quantify the free radicals in-situ using direct method, which, in turn
114 can help to explain the resulting modifications in soybean protein during high-power sonication.

115 **2. Materials and Methods:**

116 *2.1 Materials.* Soy protein isolate (SPI), obtained from Center for Crops Utilization Research
117 (CCUR) at Iowa State University, was prepared according to Deak and Johnon [34]. Purified soy
118 protein subunits namely β -conglycinin (7S) and glycinin (11S) were obtained from Dr. Mila P.
119 Hojilla-Evangelista, USDA-ARS, Peoria, IL, and were prepared according to Thanh and
120 Shibasaki [35]. The 90-PDI defatted soy flakes was gifted by Cargill Inc., (Cedar Rapids, IA).

121 The spin trap compound 5, 5-dimethyl-1-pyrroline N-oxide (DMPO) was purchased from
122 Enzo Life Sciences (Farmingdale, NY). The Pierce BCA protein assay kit, 5,5'-dithiobis-(2-
123 nitrobenzoic acid) (DTNB), urea, ethylenediaminetetraacetic acid (EDTA), sodiumdodecyl
124 sulphate (SDS), and β mercaptoethanol were purchased from Fisher Scientific (Waltham, MA).
125 Dithiothreitol (DTT), L-cysteine hydrochloride monohydrate and bovine serum albumin (BSA)
126 were purchased from Sigma-Aldrich (St Louis, MO). Milli-Q water (Millipore, Billerica, MA,
127 USA) had a resistivity of 18.2 M Ω ·cm at 25°C. All other chemicals were purchased from
128 Thermo Fisher Scientific (Waltham, MA).

129 *2.3 High-Power sonication (HPS) conditions*

130 Ultrasonic treatments of sample solutions were carried with a sonicator (model VCX 750, Sonics
131 & Materials, Inc., CT) at 20 kHz frequency with maximum power output of 750 W. A 3-mm

132 diameter and 171-mm length titanium alloy made tapered microtip produced ultra-high intensity
133 at maximum amplitude of 40%. The ultrasonic power density (PD) was defined as the output
134 power of the ultrasound per unit volume of the solution and regulated at ~ 2.5 , ~ 5 and ~ 9 W/cm³
135 by adjusting amplitude (20 - 40%), time (5-10 min) and volume of the sample solutions (2- 10
136 mL). Power density 2.5 W/cm³ (LPD) and 5 W/cm³ (HPD) corresponds to ~ 160 W/cm² and ~ 300
137 W/cm², respectively.

138 *2.2 Sample preparations.*

139 De-isoflavoned SPI (NO-ISO SPI) was prepared by removing isoflavones with a mixture
140 of 59% aqueous acetonitrile, 11% of 0.1 mol/L HCl and 30 % water. SPI was mixed to the
141 solvent at 1:10 and stirred for 2 h followed by centrifugation at $3000\times g$ for 10 min. Solids were
142 collected and dried in an oven dryer at 35°C for 48 h [17]. Regular SPI with isoflavone was
143 termed 'SPI'. Solutions of 1% 11S subunit, 1% 7S subunit, 5%, SPI and 5% NO-ISO SPI (w/v)
144 were prepared by adding ground samples to Milli-Q water and then gently stirred for 2 h, except
145 for NO-ISO SPI sample that was stirred overnight at room temperature to get maximum
146 solubility. All these samples were then centrifuged at $10000\times g$ for 10 min.

147 Protein extraction from 10% soy flakes in water (w/v) was done by adjusting pH to 8.5
148 with stirring for 30 min at 60°C. Then centrifuged at $14000\times g$ for 20 min to collect the
149 supernatant and this supernatant used for further experiment named as 'soy flakes proteins'. Two
150 sodium phosphate buffer solutions of pH 7.0 and pH 8.5 were also prepared. These supernatants
151 and other protein samples were further sonicated as described in the following text.

152 *2.4 Ultrasonic treatment of the samples*

153 Two-mL samples that contained 100, 200, 300, 500 and 700 mM DMPO were placed in
154 an ice bath kept within a blackout chamber along with the sonication unit that had a continuous
155 purging of nitrogen gas to avoid the possible degradation of DMPO by light and oxygen. At the
156 end of sonication at both PDs, average sample temperatures were measured to be below 55°C.
157 Samples were sonicated in centrifuge tubes wrapped fully in aluminum foil for saturation DMPO
158 concentration during free radical quantitation. The HPS conditions were optimized based on
159 exposure time and PD at which there was no loss of DMPO due to HPS itself and highest
160 concentration of radical adducts were captured. All the samples were analyzed using EPR
161 spectroscopy immediately after treatment. Separate sets of protein samples were prepared by
162 sonicating 5 mL and 10 mL volumes at PD of 2.5 and 5 W/cm³ followed by centrifugation at
163 12000× g for 10 min to evaluate protein molecular changes in electrophoretic patterns, secondary
164 and tertiary structures, free sulfhydryl groups, and total disulfide bonds.

165 *2.5 EPR Spectroscopy and free-radical quantitation*

166 After sonication, the adduct concentration in samples were determined by EPR spectroscopy
167 (ELEXYS E580 FT-EPR; Bruker, Germany) according to the method of Kubo et al. [5] with
168 some modifications. Treated solutions were drawn to fill at least 40 mm of capillary tube height
169 (1 mm inner dia) and placed in EPR spectroscopy unit. For each sample, the EPR spectra was
170 measured at room temperature with microwave frequency of 9.8 GHz, modulation frequency of
171 100 kHz, modulation amplitude of 2 G, a field set of 3,520 G with a scan range of 200 G, and
172 number of scan 10. The spin-adduct concentration was calculated from the EPR spectrum using
173 Xepr acquisition software (Bruker BioSpin, Rheinstetten, Germany).

174 *2.6 Electrophoresis*

175 The sonicated and unsonicated protein samples were subjected to sodium dodecyl sulfate
176 polyacrylamide gel electrophoresis (SDS-PAGE) as described by Laemmli (1970) with some
177 modifications [36]. Protein (1 mg/mL) solution was prepared in sample buffer (15.1 g/L tris, 300
178 g/L urea, 2 g/L SDS, 20 mL/L glycerol, and 0.1 g/L bromophenol blue) and incubated at 100°C
179 for 10 mins. Cooled samples and marker (molecular weight 10 kDa to 250 kDa; Catalog#
180 M4038, Sigma–Aldrich, St. Louis, MO) (10 µL) were loaded into 4% stacking gels, and subunits
181 and/or peptides were separated on 12.5% resolution gels with electrophoresis at 180 V for 45
182 min. The gels were then stained for 40 min with staining solution (250 mL methanol, 110 mL of
183 1% Coomassie Blue solution, 50 mL acetic acid, and 90 mL Millipore water) and de-stained
184 overnight with destaining solution (500 mL methanol, 100 mL acetic acid, and 400 mL Millipore
185 water).

186 *2.7 Circular Dichroism (CD)*

187 Changes in secondary structure of proteins due to HPS was quantitatively estimated using the
188 method developed by Provencher and Gloeckner (1981) with minor modifications [14]. All
189 sonicated and unsonicated samples (0.1 mg protein/mL) were prepared using 0.01 M sodium
190 phosphate buffer (pH 7.0) and centrifuged at 14000× g to remove any insoluble residues. CD
191 spectrum were recorded at the far-UV range (260-180 nm) with a CD spectropolarimeter (Jasco
192 715, Jasco Corp) in a 0.1 cm quartz CD cuvette at 25 °C. The values of scan rate, response, and
193 bandwidth were 50 nm/min, 0.25 s and 1.0 nm, respectively. Two scanning acquisitions were
194 accumulated and averaged to obtain the final spectrum. The data were expressed in terms of
195 mean residue ellipticity, $[\theta]$, in $\text{deg.cm}^2.\text{dmol}^{-1}$ and secondary structure was estimated using the
196 DICHROWEB analysis software using the SELCON3 algorithm and reference data 6. Four

197 secondary structures of proteins were estimated namely, α -helix, β -sheet, β -turn, and unordered
198 for comparison before and after sonication [37].

199 *2.8 Intrinsic Fluorescence*

200 The fluorescence spectra of the untreated and HPS untreated samples were obtained by a
201 Synergy H1 Hybrid Multi-Mode Reader photometer (Hitachi, Tokyo, Japan) according to Wang
202 et al. [13] with modifications. All of the protein samples (0.2 mg/mL) were prepared in 10 mM
203 phosphate buffer (pH 7.0) and excited at 290 nm to get emission spectra from 300 to 460 nm at a
204 constant slit of 5 nm for both excitation and emission.

205 *2.9 Free sulfhydryl (SH) groups and total disulfide (SS)*

206 The free sulfhydryl groups and disulfide bond of each unsonicated and sonicated soy protein
207 samples were determined by Ellman's assay with some modifications [38]. Reaction buffer was
208 prepared using 0.1 M sodium phosphate buffer, 6M guanidine HCl and 1.27 mM EDTA at pH
209 8.6. A 50 μ L of Ellman's reagent was added to 2.5 mL of reaction buffer, followed by the
210 addition of 250 μ L of unsonicated and sonicated protein samples. Samples were then mixed and
211 incubated at room temperature for 15 min to measure the absorbance at 412 nm using UV-
212 visible spectrophotometer (Shimadzu UV 160). The free SH bonds were calculated using a molar
213 extinction coefficient $14150 \text{ M}^{-1} \text{ cm}^{-1}$ and presented as $\mu\text{mol/g}$ protein.

214 Soluble disulfide bonds were reduced to free sulfhydryl groups using reducing agent to
215 measure the disulfide bonds in protein samples. Reduction was done by adding 0.75 mL 300 mM
216 DTT (prepared in reaction buffer) to 1.5 mL of filtered protein solution followed by incubated
217 for 2 h at room temperature within a nitrogenous condition. Then DTT washed away by adding 1
218 mL 39% trichloroacetic acid and vortexed at low speed followed by centrifuged at $12,000 \times g$ for

219 20 min. After decanting the supernatant, pellets were washed again by adding 0.444 mL 39%
220 TCA followed by vortex and centrifuge. The supernatant was decanted after final wash and
221 pellets were solubilized by adding 1 mL of reaction buffer and stored overnight at 4°C stored in
222 an environment of depleted oxygen. Then 250 µL supernatant was taken to follow the procedure
223 of free SH bonds, as above, to determine the SS bonds.

224 *2.10 Statistical analyses*

225 The experimental design was randomized complete block design (RCBD) with two replications.
226 Statistical analyses were performed using the SAS statistical methods (Version 9.3, SAS
227 Institute; Cary, NC). Ultrasonic power densities were independent variables, whereas,
228 quantifying free radicals and relevant changes in protein structures were dependent variables.
229 Two levels of independent variables were HPD and LPD, calculated based on ultrasonic output
230 (J), time of exposure (s) and volume of the solution (cm³). Analysis of variance (ANOVA) was
231 performed to assess the effect of treatments on total radical concentration and structural
232 characteristic as well as treatment means were separated by the least significant difference (LSD)
233 test at $P < 0.05$.

234 **3. Results and discussion:**

235 *3.1 High power sonication and generation of free radicals*

236 *3.1.1 Ultrasonic power density and excess DMPO concentration*

237 Generation of free radicals depends on several conditions, such as power density (PD),
238 configuration of ultrasonic system, reaction temperature, concentration of dissolve gas and others
239 [39]. Therefore, generation of radicals was optimized for this study based on time of sonication,
240 PD applied into the sonoreactor and saturation DMPO concentration needed to capture most or

241 all of the radicals (Fig. 1). The highest concentration of radical adduct was obtained at PD 5
242 W/cm³ irradiation for 10 min at 500 mM of DMPO (Fig.1). Between PDs 2.5 and 5 W/cm³, there
243 was a sharp increase in the adduct concentration; however, it fell sharply at PD 9 W/cm³
244 (Fig.1b). Generally, it is reported that higher ultrasound power intensity induces a larger number
245 of localized high temperature and pressure regions, resulting in higher OH radical generation [7]
246 and this was seen in our results for up to 5 W/cm³. However, it is also reported that too high local
247 temperature at very high PD could negatively affect the rate of adduct generation [7] and similar
248 result in adduct generation was observed at PD 9 W/cm³ (Fig 1b). At localized too high
249 temperatures, water vapor pressure and content of water vapor inside the bubble increase; when
250 the bubbles collapse, the heat capacity of vapor suppress further rise in reaction temperature as
251 well as radical formation [7]. Additionally, during the formation of radical adducts, the
252 degradation of the adducts occurs simultaneously, therefore, the rate of adduct formation changes
253 over time and reaches a plateau at a specific time [7]. In the present experiment, there was a
254 sharp and significant ($p < 0.05$) increase in the adduct concentration between 5- and 10-min
255 exposure, whereas, the difference in adduct concentrations between 10 and 20 min was not
256 significant (Fig. 1c). At a specific PD and treatment time, the stability of DMPO was one of the
257 important parameters to capture highest adduct concentration. The radical adduct concentration
258 significantly ($p < 0.05$) increased and reached the highest with 500mM of DMPO; however, there
259 was no significance ($p < 0.05$) difference in adduct concentrations captured between 500mM and
260 800mM (Fig.1a). This indicated that 500mM of DMPO was an excess concentration for the
261 given conditions that ensured all of radicals were captured; further sonication of protein solutions
262 for measuring radical concentration were carried out at this DMPO concentration. PD 2.5 W/cm³

263 and 5 W/cm³ were used to sonicate rest of the samples and PD 2.5 W/cm³ was denoted as lower
264 PD, whereas, 5 W/cm³ was denoted as higher PD in subsequent discussion.

265 3.1.2 Radicals identification

266 During HPS, a 4-line EPR signal (Fig. 2) with a calculated g value of 2.0054, intensity ratio of
267 1:2:2:1, and calculated hyperfine constants of 1.5 (a_N) and 1.5 mT (a_H) was observed. This
268 specific signal is attributable to DMPO-OH adduct [32], verifying that hydroxyl radicals were
269 generated during the sonication of aqueous protein solution; however, no hydrogen radicals were
270 detected. Same spectral pattern was found for all sonicated protein samples in this experiment.
271 During ultrasonic treatment, dissociation of water into hydroxyl and hydrogen radicals had been
272 reported in many studies, however, many studies had not report hydrogen radicals [7,40], as was
273 the case with this study. One reason could be that the hydrogen and hydroperoxy radicals can
274 disappear faster before reacting with DMPO [7].

275 3.1.3 Concentration of DMPO-OH adducts in various substrates

276 Two power densities, 2.5 and 5 W/cm³, were applied for 10 min to MQ water, tap water, two
277 different buffer solutions, soy flakes protein, 5% SPI, 5% NO-ISO SPI, and 1% 7S and 1% 11S
278 subunit solutions. Higher PD 5 (W/cm³) induced more cavitation; therefore, relatively higher
279 concentration of radicals was seen for MQ water, tap water, 7S, NO-ISO SPI, and soy flake
280 protein solution (Fig. 3). There was no significant difference (p<0.05) in radical adducts
281 concentration between NO-ISO SPI and SPI at lower PD. However, NO-ISO SPI solution
282 displayed significantly (p<0.05) higher radical concentrations of 2.14 μM at higher PD than SPI
283 (1.14 μM). Both SPI and NO-ISO SPI showed significantly lower radical adducts than both
284 types of water at each PD. Flavonoids are well-known for their free radical quenching activity

285 and soy proteins contain approximately 0.2–1.6 mg flavonoids/g of dry weight [30],
286 consequently, more radicals were expected in NO-ISO SPI solution. Moreover, HPS breaks
287 down cell matrix and reduced particle size approximately 10-fold as well as increased the
288 recovery of isoflavones [10,17]. Therefore, higher PD could extract more isoflavones from
289 substrate, which in turn, resulted in fewer radicals at higher PD in SPI solution. Among the
290 protein solutions, the lowest radical adducts were captured in soy flakes. Defatted soy flakes
291 contain carbohydrates, fiber, ash, isoflavones (combinedly approximately 50% of its total
292 weight), besides proteins of approximately 50% [41]. When HPS was applied to soy flakes
293 protein solution, the energy in the form of cavitation ruptures the cell wall, which in turn could
294 increase protein extraction yield [16] as well as recovery of isoflavones [17]. Thus, it's possible
295 that most of the HPS energy was consumed in rupturing cell walls than dissociating water
296 molecules resulting in fewer radicals being generated in soy flakes protein solutions.

297 There was no significant ($p<0.05$) difference in radical adduct concentrations among MQ
298 water and tap water at higher PD and 11S subunit solution at both PDs. However, 7S subunit
299 solution at both PD showed significantly ($p<0.05$) lower adduct concentration than 11S subunit.
300 The difference in the adduct concentration between 7S subunit and 11S subunit attributed to their
301 structural difference as seen in following discussion. The 11S subunit is a hexamer of six
302 subunits of acidic A polypeptides (37–42 kDa) and basic B polypeptides (17–20 kDa) dimers
303 linked by disulfide bond, on the other hand, 7S subunit is a trimer contains three subunits of 71
304 kDa, 67 kDa and 50 kDa linked through non-covalent interaction, predominantly hydrophobic
305 interaction [30]. HPS of protein was reported to rearrange the molecules by exposing the
306 hydrophobic interaction sites, thus, improving hydrophobicity of amino acid side chains [13]. As
307 hydrophobic bonds are weaker than covalent bonds, applied ultrasonic energy could have

308 resulted in breakdown of more hydrophobic bonds in 7S subunit than covalent bonds in water,
309 thus less free radicals. On the other hand, as 11S subunit is highly convoluted and larger in
310 structure due to presence of more disulfide bonds, applied ultrasonic energy more likely
311 dissociated water into its radicals than breaking disulfide bonds. In addition, 7S subunit is
312 glycosylated and HPS can dissociate the carbohydrate moiety that scavenges the radicals,
313 possibly reducing the free radicals in 7S subunit than 11S subunit solutions [42].

314 Conventional protein extraction is basically a pH modulation protocol, so, two buffer
315 solutions at pH 7 and pH 8.5 were also subjected to similar HPS treatment to assess their relative
316 contribution in radical generation. Figure 3 shows that higher PD resulted in significantly
317 ($p < 0.05$) lower radicals for pH 7 buffer than tap water, whereas, there was no significant
318 difference in radical adduct concentrations at higher PD for pH 8.5 buffer, MQ water and tap
319 water. pH 7 buffer is a neutral solution contains equal concentration of hydrogen and hydroxyl
320 ion whereas pH 8.5 buffer contains more hydroxyl ion and less hydrogen ion than that of pH 7
321 buffer. Therefore, there was no significant ($p < 0.05$) difference in DMPO-OH concentration at
322 both PDs for pH 7 buffer, and being slightly more acidic, tap water dissociated into more radicals
323 than MQ water. HPS generated significantly ($p < 0.05$) higher DMPO-OH at lower PD for pH 7
324 buffer than pH 8.5 buffer, because radical generation decreases with increasing pH after pH 3.2
325 of buffer solution and radical concentration rapidly decrease in alkaline region [43].

326 *3.2 Effect of HPS on protein structure*

327 *3.2.1 Gel electrophoresis of sonicated and unsonicated protein samples*

328 SDS-PAGE was carried out to visualize the effect of HPS on soy proteins and/or their subunits.

329 Fig. 5 shows sonicated and unsonicated SDS-PAGE profiles of the protein in solutions indicating

330 no changes in the bands of protein subunits, SPIs and soy flakes protein due to HPS. These
331 results agree with literature, reports [14,16,26], suggesting that either the energy levels during
332 current HPS treatments were not high enough to modify the primary structure of protein, or
333 radical-induced re-aggregation occurred during or right after the sonication. NO-ISO SPI showed
334 lower intensity for high-molecular weight bands compared to SPI because the acidic
335 isoflavonoids removal procedure lost some protein that reduced the high-molecular weight bands
336 and intensified low molecular weight band in NO-ISO SPI [17,44].

337 3.2.2 Effect on secondary structure of protein samples:

338 The proportions of α -helix, β -sheet, β -turn, and unordered structure in protein molecules of
339 untreated and treated soy protein samples, as estimated using circular dichroism, are listed in
340 Table 1. All samples except SPI showed significant ($p<0.05$) changes in β -sheet. Higher PD
341 significantly ($p<0.05$) increased the β -sheet % as well as significantly decreased the unordered %
342 than unsonicated 11S subunit. However, there were no significant ($p<0.05$) differences in the
343 estimated β -turn % of all the samples, and also no differences in unordered % of all the samples
344 except 11S subunit due to HPS treatments. These findings are similar to some previous studies
345 [13,14,24]. Hu et al. [14] reported that ultrasonic cavitation might disrupt the tertiary structure
346 but not secondary. In another report, they also estimated secondary structure using FT-IR beside
347 CD and concluded that high intensity sonication of 7S subunit and 11S subunit cannot
348 significantly ($p<0.05$) breakdown the hydrogen bonds between C=O and H=N groups on the
349 polypeptide backbone [24]. However, Wang et al. [13] found that ultrasonic treatment increased
350 the proportion of α -helix, and β -turn, but decreased β -sheet and unordered in both 7S subunit and
351 11S subunit. They also concluded that increase in ultrasonic power, time, and temperature could
352 not decrease β -sheet because these conditions are responsible to increase molecular motion as

353 well as molecular collision in protein so that protein molecule get rearranged [13]. Moreover,
354 oxidation leads to unfolding, dissociation, and rearrangement of protein molecular structure [21].
355 Secondary structure is local sequence of amino acids and the interactions between different parts
356 of the protein molecule [14], so oxidation by hydroxyl radicals detected in sonoreactor could
357 take part in changing the secondary structure. These studies used power density (approx. 0.35
358 W/cm³) at much lower intensity than present study (2.5 and 5 W/cm³), which eventually leads to
359 lower radical generation and less oxidation. It can thus be inferred that very high-power density
360 or more cavitation could have rearranged molecular structure of both 7S subunit and 11S
361 subunit; therefore, small changes in secondary structure were observed in these subunit
362 molecules.

363 Proteins in SPI solutions, however, showed a significant ($p<0.05$) increase in α -helix
364 structure between untreated and both treated samples. Higher PD showed a significant ($p<0.05$)
365 decrease in β -sheet proportion and increase in α -helix proportions in NO-ISO SPI than
366 unsonicated one. Soy flakes protein showed a significant ($p<0.05$) increase in α -helix and
367 decrease in β -sheet at lower PD than unsonicated and higher PD. However, Hu et al. [14]
368 reported that α -helix and unordered structure of SPI decreased at lower PD and increased at
369 higher PD . In our experiments, proteins in NO-ISO SPI were highly, and soy flakes were least
370 susceptible to ultrasonic cavitation depending on the sample purity. More cavitation effect on
371 secondary structure was exhibited in NO-ISO SPI for being purer protein. At the same time,
372 proteins in both SPI and NO-ISO SPI were more susceptible to the rearrangement of molecular
373 structure than proteins in soy flakes because of possible exposure to varying levels of energy
374 within cells. Presence of other cellular components like cell walls may shield proteins in soy
375 flakes so they are exposed to least of the applied energy than other purer matrices. Thus, it can be

376 inferred that HPS can change the secondary structure of the protein, at the same time, help in the
377 rearrangement of protein molecular structure depending on the radical induced oxidation and
378 amount of energy applied. Therefore, highly purified 7S and 11S subunits could have been
379 rearranged and exhibit few discernible effects. Having more complex substrate matrix than 7S
380 and 11S subunits, both SPIs and soy flakes also showed some changes in secondary structure due
381 to cavitation effect although still susceptible to molecular rearrangement.

382 3.2.3 *Changes in the tertiary structure of the protein samples*

383 The changes in the fluorescence intensity during HPS is shown in a representative figure (Fig. 6)
384 and tabulated in Table 2. The fluorescence spectrum are indicator of oxidation of Trp residues
385 that change conformation based on local environment; the Trp local environment is nonpolar
386 when the λ_{\max} is <330 nm and polar when λ_{\max} is >330 nm [13,29]. In this experiment, all the
387 samples showed λ_{\max} to be ≥ 330 nm, thus polar, with no changed in the λ_{\max} value for each
388 sample after HPS. However, relative fluorescence intensity changed after treatments as shown in
389 the Table 2. Decrease in the fluorescence intensity could be attributed to the loss of the Trp
390 residues, whereas, increase in the fluorescence intensity attributed to protein unfolding during
391 oxidation that also expose buried Trp residues [21]. Both PDs significantly ($p < 0.05$) increased
392 the fluorescence intensity for 11S subunit and NO-ISO SPI, whereas, lower PD decreased
393 fluorescence intensity for 7S subunit and SPI. The changes in the fluorescence intensity can be
394 correlated with the radical generation, as higher PD generates more radicals leading to oxidation.
395 11S subunit showed no significant ($p < 0.05$) changes in radical concentration as well as in
396 fluorescence intensity. In addition, soy flakes protein showed minimal radicals and no significant
397 ($p < 0.05$) changes in the fluorescence intensity at both PDs. NO-ISO SPI showed highest positive
398 changes or increase in fluorescence intensity because of having no isoflavoids and for more

399 oxidation. Our findings are similar to Xu et al. [21], who report that polarity of 7S proteins
400 changes at very high hydrogen peroxide concentration of 5 mM, whereas, fluorescence intensity
401 can even change at 0.1 mM. However, Huang et al. [45] found that ultrasonication did not
402 change the fluorescence intensity of SPI when done at 600W and 20 kHz for 5 min. It can thus
403 be inferred that although the polarity changes were not detected, the protein tertiary structure did
404 change due to HPS exposure, as indicated by relative fluorescence intensity.

405 *3.2.4 Free sulfhydryl groups and disulfide bonds*

406 Ultrasound treatments can reorganize protein molecules due to cavitation high pressure and shear
407 forces, therefore, it is likely that buried sulfhydryl groups would be exposed [13] and susceptible
408 to oxidation. The results of quantitation of free sulfhydryl groups and disulfide bonds as
409 impacted by sonication of proteins is presented in Fig. 4. Unsonicated 7S and 11S subunits had
410 3.66 and 14.01 $\mu\text{mol free SH/ g}$ of protein, respectively, and 131.73 and 170.15 $\mu\text{mol SS/gm}$
411 protein respectively. This findings falls in the range of free sulfhydryl group and disulfide bond
412 content reported in the literature; for example, Hu et al. [24] and several other studies reported
413 free sulfhydryl groups in the range of 2.3-9.5 $\mu\text{mol/g}$ of protein in unsonicated 7S subunit, and 0-
414 32.2 $\mu\text{mol/gm}$ of protein in unsonicated 11S subunit. They also found that sonication reduced the
415 amount of free sulfhydryl groups in 7S and 11S subunits when exposed to power density of
416 0.33–0.35 W/cm^3 for 5 min [24]. However, Gulseren et al. [12] reported free SH in BSA
417 decreased with increasing sonication time at 20 W/cm^2 . However, these studies did not employ
418 very high sonication power density like in this experiment. In this experiment, HPS treatments
419 showed significantly ($p < 0.05$) lower free sulfhydryl groups of 7S subunit than control; however,
420 there was no significant ($p < 0.05$) difference in free sulfhydryl groups of 7S subunit between the
421 HPS treatments. (Fig. 4a). In case of proteins from soy flakes, there was no significant ($p < 0.05$)

422 difference in free sulfhydryl groups between unsonicated and lower PD samples; however,
423 higher PD sonication showed significantly ($p<0.05$) lesser free sulfhydryl groups than both
424 untreated and lower PD samples. Other than 7S subunit and soy flakes proteins, there was no
425 significant ($p<0.05$) differences in free sulfhydryl groups in 11S subunit, SPI and NO-ISO SPI,
426 although, each of these samples generated significant amount of hydroxyl radicals upon HPS
427 treatment. The hydroxyl radicals can react among themselves to produce hydrogen peroxide.
428 These reactive oxygen species (ROS) generated during HPS may oxidize susceptible free
429 sulfhydryl groups to form disulfide bonds, and/ or to its reversible form, sulfenic acid or to
430 irreversible form, sulfinic acid [12,13,47]. Among amino acids, sulfur-containing cysteine and
431 methionine are the most susceptible to oxidative changes due to lower electronegativity of sulfur
432 [22]. The changes in free sulfhydryl groups and disulfide bonds could be attributable to oxidation
433 of cysteine residue, whereas, methionine can be oxidized to sulfoxide and sulfone. Oxidation can
434 modify protein structure either by changing the redox state of cysteine or equilibrium constant of
435 the thiol-disulfide interchange reaction, which in turn, change the content and distribution of free
436 sulfhydryl groups and disulfide bonds [21].

437 Some researchers have reported decrease in free sulfhydryl groups in protein with
438 increasing sonication time [12,24], which implies that when a constant energy is applied for
439 longer periods of time, more free sulfhydryl groups and free radicals become available for
440 oxidative reactions and form disulfide bonds. The 7S protein structure predominantly contains
441 non-covalent hydrophobic interactions, which are comparatively weaker bonds, therefore, higher
442 PD could expose more free sulfhydryl groups than lower PD sonication. At the same time, we
443 observed that higher PD sonication also generated significantly ($p<0.05$) more hydroxyl radicals
444 than lower PD (Fig. 3). Therefore, free sulfhydryl groups have more available hydroxyl radicals

445 to react and oxidize to disulfide bonds at higher PD, which in turn, lowers the number of free
446 sulfhydryl groups. This explanation can be bolstered by the contents of disulfide bonds observed
447 in 7S subunit (Fig. 4b), as there was no significant ($p<0.05$) difference in the disulfide bonds
448 among the treated and untreated samples. On the other hand, there was no significant ($p<0.05$)
449 difference in the number of free sulfhydryl groups and disulfide bonds among treatments in 11S
450 subunit, although lower PD resulted in lesser mean value of both free sulfhydryl groups and
451 disulfide bonds than higher PD and unsonicated. Because of the stronger covalent bonds in 11S
452 subunit, lower PD resulted in lesser free sulfhydryl groups (Fig. 4); at the same time, hydroxyl
453 radical generation was not significantly ($p<0.05$) different between the PDs (Fig.3).

454 In case of SPI and NO-ISO SPI, there was no significant ($p<0.05$) difference in free
455 sulfhydryl among treatments; however, disulfide bonds at higher PD was significantly lower than
456 in untreated samples. NO-ISO SPI showed higher number of disulfide bonds than SPI, because
457 NO-ISO SPI solution generated more radicals (Fig. 3) to oxidize free sulfhydryl groups to
458 disulfide bonds. SPI at higher PD generated significantly ($p<0.05$) lower free radicals than lower
459 PD that react with free sulfhydryl groups to lower down the number of disulfide bonds at higher
460 PD. In soy flakes, free sulfhydryl groups at higher PD were significantly ($p<0.05$) lower than at
461 lower PD; however, there was no significant difference in disulfide bonds between these
462 treatments. Higher PD generated significantly ($p<0.05$) higher number of radicals than lower PD,
463 therefore, at higher PD, it is possible that more free sulfhydryl groups are being oxidized to
464 disulfide bonds than at lower PD. These results suggest that HPS used in this experiment
465 generated significant ($p<0.05$) amount of hydroxyl radicals as well as quick oxidation of free
466 sulfhydryl groups to disulfide bonds in all the protein samples. Therefore, differences in free

467 sulfhydryl groups as well as in disulfide bonds among HPS treatments were not detectable in
468 most cases.

469 **4. Conclusions:**

470 In this experiment, highest concentration of radical adduct was captured with 500 mM DMPO at
471 5 W/cm³ ultrasonic power density when exposed to an aqueous system for 10 min. Only
472 hydroxyl radicals were detected in each of the protein solution at PD of 2.5 and 5 W/cm³.
473 Between these two PDs, higher PD generated significantly ($p < 0.05$) higher hydroxyl radicals for
474 most of the protein samples, except for 11S subunit and SPI. **SPI without isoflavonoids generated**
475 **more radicals than SPI with them because of the radical quenching activity of isoflavonoids.** Soy
476 flakes protein was the least pure among samples because of the presence of cell matrix that
477 generated lowest radicals among the protein samples. The concentrations of hydroxyl radicals in
478 the samples were high enough for proteins to refold and oxidize free sulfhydryl groups to
479 disulfide bonds. Therefore, no changes in the protein electrophoretic patterns were detected. For
480 the same reasons, some changes were detected in estimated secondary structures and tertiary
481 structure as well as in free sulfhydryl group and disulfide bond contents depending on the purity
482 of samples and applied sonication energy. **Overall, this research showed that the hydroxyl**
483 **radicals generated during HPS led to oxidation-induced partial changes in protein molecular**
484 **structures due to highly convoluted nature of soy proteins.** These findings provide explanations
485 on the possible protein modifications, thus resulting potential functionality changes, due to HPS
486 when employed during protein extraction or modification.

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495

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639 Highlights:

- 640 • $\cdot\text{OH}$ was the dominant species during high power sonication (HPS) of soy protein
- 641 • High power (5 W/cm^3) sonication induced more radicals than lower power
- 642 • $\cdot\text{OH}$ led to protein oxidation but did not change protein electrophoretic patterns
- 643 • Provide evidence to future research on oxidative protein modifications during HPS

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645 **Declaration of interests**

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647 The authors declare that they have no known competing financial interests or personal relationships
648 that could have appeared to influence the work reported in this paper.

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650 The authors declare the following financial interests/personal relationships which may be considered
651 as potential competing interests:

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Table 1: Changes in secondary structure of control and sonicated soy protein samples (Means with same letter on each column for each sample are not significantly different at $p < 0.05$. Each sample was compared for difference from respective control.

Sample	Treatment	α - Helix (%)	β - Sheet (%)	β - Turns (%)	Unordered (%)
1% 7S	Control	16.2 \pm 3.5 ^a	32.7 \pm 3.9 ^{ac}	18.2 \pm 0.3 ^a	32.9 \pm 0.8 ^a
	LPD	19.1 \pm 0.8 ^a	30.1 \pm 0.4 ^{ab}	20.1 \pm 1.7 ^a	30.7 \pm 2.9 ^a
	HPD	19.1 \pm 2.1 ^a	25.8 \pm 0.8 ^b	21.1 \pm 0.9 ^a	33.9 \pm 2.3 ^a
1% 11S	Control	16.9 \pm 1.1 ^a	18.1 \pm 4.2 ^a	11.4 \pm 3.5 ^a	53.6 \pm 1.8 ^a
	LPD	9.2 \pm 6.2 ^a	30.8 \pm 8.9 ^{ac}	19.3 \pm 0.8 ^a	40.8 \pm 3.3 ^b
	HPD	7.3 \pm 2.5 ^a	39.5 \pm 3.4 ^{bc}	15.6 \pm 5.7 ^a	37.6 \pm 4.8 ^b
5% SPI	Control	10.2 \pm 0.8 ^a	44.5 \pm 4.2 ^a	15.6 \pm 6.6 ^a	29.7 \pm 3.2 ^a
	LPD	17.1 \pm 1.1 ^b	42.1 \pm 1.0 ^a	12.5 \pm 1.2 ^a	28.4 \pm 1.2 ^a
	HPD	15.6 \pm 1.7 ^b	36.4 \pm 2.9 ^a	19.2 \pm 0.2 ^a	28.9 \pm 4.8 ^a
5% NO-ISO SPI	Control	9.7 \pm 1.3 ^a	24.4 \pm 3.1 ^a	14.4 \pm 4.4 ^a	51.4 \pm 2.5 ^a
	LPD	11.2 \pm 0.9 ^a	23.7 \pm 2.1 ^a	11.7 \pm 0.5 ^a	53.4 \pm 3.6 ^a
	HPD	16.8 \pm 0.6 ^b	16.1 \pm 0.6 ^b	15.6 \pm 0.9 ^a	50.9 \pm 2.0 ^a
Soy flakes protein	Control	14.3 \pm 2.1 ^a	38.8 \pm 2.3 ^a	19.8 \pm 0.4 ^a	27.2 \pm 0.5 ^a
	LPD	25.1 \pm 2.2 ^b	22.4 \pm 0.7 ^b	21.9 \pm 0.5 ^a	30.4 \pm 2.2 ^a
	HPD	17.4 \pm 2.9 ^a	36.9 \pm 4.7 ^a	19.7 \pm 3.5 ^a	25.9 \pm 4.1 ^a

659 LSD= Least significance difference at $p = 0.05$, LPD= Low power density (2.5 W/cm³), HPD=
660 High power density (5.0 W/cm³)

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Table 2: Relative fluorescence intensity (AU) for protein samples and their respective controls. Means with the same superscript letter on each row are not significantly different at $p < 0.05$. Each sample was compared for difference from respective control.

Sample	λ_{\max} (nm)	Relative fluorescence intensity (AU)x1000		
		Control	PD: 2.5 W/cm ³	PD: 5 W/cm ³
1% 7S	335	60.6 \pm 1.6 ^a	56.4 \pm 0.8 ^b	64.4 \pm 4.3 ^a
1% 11S	330	88.4 \pm 1.6 ^a	92.2 \pm 1.7 ^b	91.7 \pm 2.0 ^b
5% SPI	335	57.4 \pm 2.0 ^a	54.0 \pm 2.7 ^b	58.6 \pm 2.3 ^a
5% NO-ISO SPI	340	53.0 \pm 0.5 ^a	61.1 \pm 0.8 ^b	58.4 \pm 1.0 ^c
Soy flakes protein	335	84.4 \pm 5.5 ^a	78.5 \pm 6.6 ^a	81.8 \pm 5.4 ^a

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